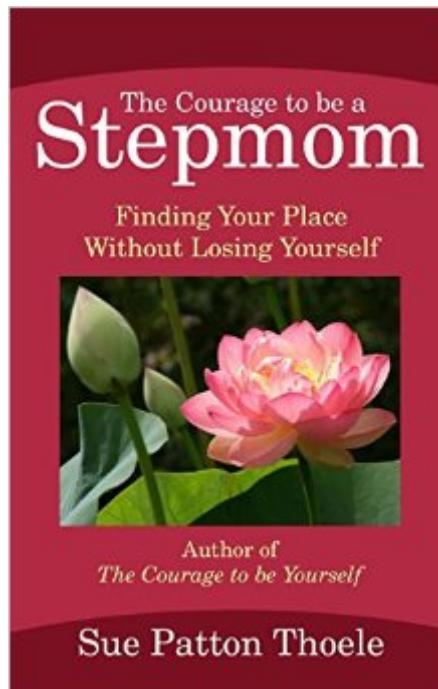


[The book was found](#)

# The Courage To Be A Stepmom: Finding Your Place Without Losing Yourself



## **Synopsis**

From her personal and professional experience as a mother, stepmother and psychotherapist, Sue Patton Thoele provides valuable nuts and bolts advice to women juggling the complex and confusing demands of the stepmother role. Sue helps women take loving care of themselves and their marriages, as they learn how to make step-mothering more manageable and enjoyable. This revised edition was first published by Council Oak Books in 2003.

## **Book Information**

Paperback: 314 pages

Publisher: CreateSpace Independent Publishing Platform; 2 edition (March 7, 2013)

Language: English

ISBN-10: 1482040565

ISBN-13: 978-1482040562

Product Dimensions: 5 x 0.7 x 8 inches

Shipping Weight: 14.6 ounces (View shipping rates and policies)

Average Customer Review: 4.1 out of 5 starsÂ  See all reviewsÂ  (58 customer reviews)

Best Sellers Rank: #430,397 in Books (See Top 100 in Books) #69 inÂ  Books > Parenting & Relationships > Family Relationships > Stepparenting & Blended Families

## **Customer Reviews**

The Courage To Be A Stepmom reflects author Sue Patton Thoele's considerable experience in the area of empowering and encouraging women to grow spiritually, intellectually and emotionally. Perhaps more importantly, Ms. Thoele's willingness to draw extensively from her own experience as a stepmother brings the subject matter alive and will leave most readers feeling that it really is okay to take some wrong turns on the long and sometimes arduous journey from novice to "stepmother emeritus."The Courage to Be a Stepmom skillfully covers the basics-keeping expectations reasonable, going slowly, strengthening the marriage, and so on. There's good, practical advice to be found in its pages. However, it moves ahead of many of the contemporary books on stepparenting and stepfamilies in its ability to present its subject in the context of personal growth. Ms. Thoele, often through personal example, encourages stepmothers to continually look within and work with their feelings, expectations and beliefs as they face the challenges of building a successful stepfamily. The underlying premise of the book is that you have to be willing to grow yourself if you want to promote growth in your stepfamily, and secondly, that this is an extremely challenging, sometimes painful, but potentially quite rewarding process.Particularly strong, I think,

are her chapters on taking care of yourself. Sue Thoele adeptly blends together established concepts about nurturing the self with anecdotes derived from the nearly forty stepmothers she interviewed for the book. What emerges is a compassionate model for caring for others from a position of caring for yourself.

[Download to continue reading...](#)

The Courage To Be A Stepmom: Finding Your Place Without Losing Yourself Step Parenting: Crucial Steps on How to Be A Good Stepmom - Step Parent Books for Stepmothers (Step parenting book, Stepmother, How to be a good stepmom, Blended Family, Stepfather, Stepmom) 101 Tips for the Smart Stepmom: Expert Advice From One Stepmom to Another You're Not Crazy And You're Not Alone: Losing the Victim, Finding Your Sense of Humor, and Learning to Love Yourself Through Hashimoto's Compassion without Compromise: How the Gospel Frees Us to Love Our Gay Friends Without Losing the Truth Taking Charge of Anger, Second Edition: Six Steps to Asserting Yourself without Losing Control A Career Girl's Guide to Becoming a Stepmom: Expert Advice from Other Stepmoms on How to Juggle Your Job, Your Marriage, and Your New Stepkids Secure Your Retirement Dreams with SAFE MONEY: A Retirement Plan That Will Stand the Test of Time without Losing Your Money on the Wall Street Roller Coaster The Courage to Be Creative: How to Believe in Yourself, Your Dreams and Ideas, and Your Creative Career Path The 312 Best Things About Being a Stepmom: For those days when you can only come up with one or two on your own. The Knot Bridesmaid Handbook: Help the Bride Shine Without Losing Your Mind Body Punishment: OCD, Addiction, and Finding the Courage to Heal The Way of Rest: Finding The Courage to Hold Everything in Love Social BOOM!: How to Master Business Social Media to Brand Yourself, Sell Yourself, Sell Your Product, Dominate Your Industry Market, Save Your Butt, ... and Grind Your Competition into the Dirt The Michigan Divorce Book: A Guide to Doing an Uncontested Divorce Without an Attorney Without Minor Children (Michigan Divorce Book Without Minor Children) Life Without Pain: Free Yourself from Chronic Back Pain, Headache, Arthritis Pain, and More, Without Surgery or Narcotic Drugs Bodies & Buried Secrets: A Rosewood Place Mystery (Rosewood Place Mysteries Book 1) Literary Market Place 2015: The Directory of the American Book Publishing Industry with Industry Indexes (Literary Market Place (Lmp)) Quiet Moments for the Stepmom Soul: Encouragement for the Journey Skirts At War: Beyond Divorced Mom/Stepmom Conflict

[Dmca](#)